

CCCP



collaborative clinical pathways News

June 2018

Collaborative Clinical Pathways - Update

End of an era ... our access to Map of Medicine UK will no longer be available from 30 June 2018.

From 1 July local Pathways will be accessed through a New Zealand instance hosted by Waikato DHB. The website address is:

<http://carepathways.waikatodhb.health.nz>

If you:

○ are an existing user:

an email will have been sent to the email your account was set up with, with the link, some instructions on how to save to your desktop and a generic email and password—this email would have been sent from the following email:

ccp@centralpho.org.nz

Should you not have received these details, please contact us at clinicalpathways@midcentraldhb.govt.nz and we will resend

○ are a new user:

please send an email, and include the following information (first name, last name, email address, job title, organisation name) to clinicalpathways@midcentraldhb.govt.nz

Details will be forwarded to you.

Key things to note:

- Published pathways cannot be edited over the next six months as the NZ instance is a static site to assist our region in transitioning across to Health Pathways
- Any changes identified will go through the current change control process and updates managed

Details about the Map of Medicine transition instructions are available on the website under **Clinical Pathways | Latest News: MidCentral Pathways 2018** — [click here](#)

Please note this is a transition site to have local Pathways available to our Health Professionals. Our CCP Team are working with Health Pathways to prepare a long term plan



Food Allergies in Children

Food allergy is becoming more common and may affect up to 10% of the child population. Our current

management of food allergy is variable and recent changes in recommendations around management have confused clinicians and patients alike.

The Food Allergies in Children pathway was designed to foster consistent and high quality management in the community for low risk/uncomplicated cases and provide clear guidance for referral to secondary care services for more complex cases. The pathway features:

- ✓ Evidence based best practice guidance on the diagnosis and management of suspected IgE mediated allergic reactions
- ✓ Key management principles applying to all food allergy groups
- ✓ Dedicated management boxes for the top 8 food allergens
- ✓ Criteria for referral to Child Health and Dietetics (secondary and primary care)
- ✓ Links to quality resources for parents/caregivers
- ✓ Links to action plans and other key clinician resources.



If you have any questions, comments, concerns, feel free to email us at:

clinicalpathways@midcentraldhb.govt.nz



Nausea and Vomiting in Pregnancy

This pathway provides guidance for primary care to assess, treat and manage mild to moderate cases in the community. Key features of the pathway include:

- ✓ Recommended assessment tools – PUQE and Early Warning scores
- ✓ Treatment options include non-pharmacological or antiemetics (for mild-moderate cases)
- ✓ For moderate cases, referral to a POAC referral centre is recommended. The POAC referral centre will follow the 'Acute Rehydration in Adults' pathway which has been updated to include guidance for treating mild-moderate nausea and vomiting in pregnancy
- ✓ For severe cases, referral to secondary care services is recommended.

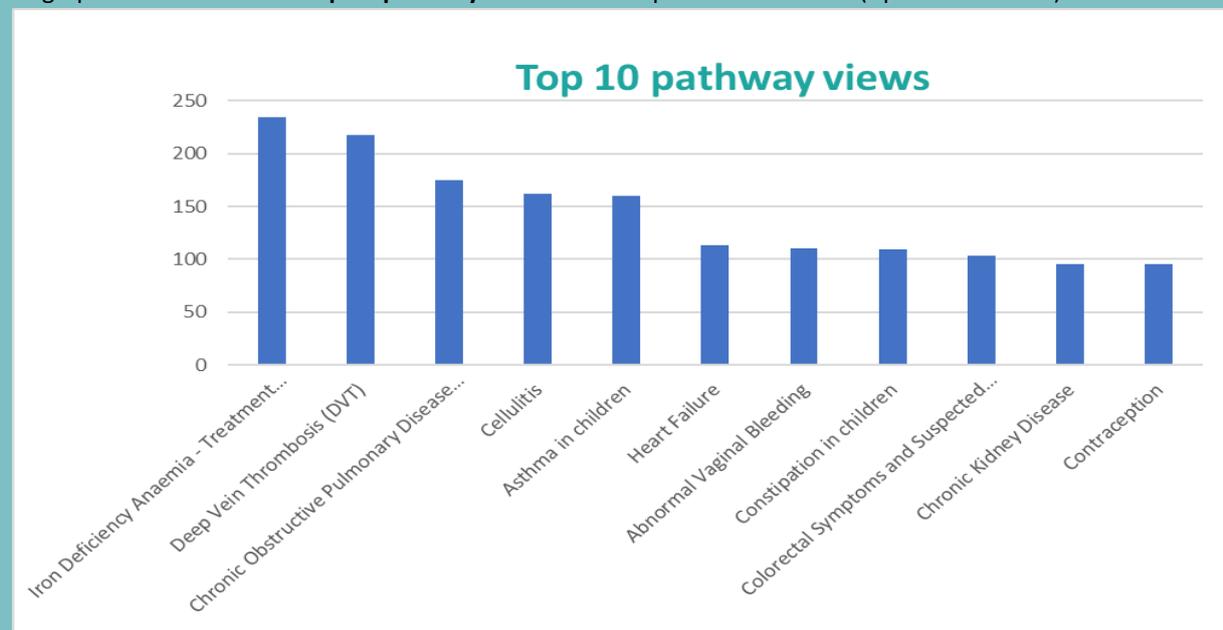
The 'Early Booking in Pregnancy' pathway has also been updated to include a link to the 'Nausea and Vomiting in Pregnancy' pathway.

Updated and re-published Pathways

In addition, the following pathways have been republished in June:

- ✓ Falls in Older People:
 - ◆ now features Strength and Balance referral options
- ✓ Deep Vein Thrombosis – introduction of Rivaroxaban:
 - ◆ Rivaroxaban (NZF) will be funded for use in primary care from 1 August 2018
 - ◆ Rivaroxaban (oral anticoagulant) can be used for the acute management of DVT, and has been added to the pathway as the first line treatment where clinically indicated:
 - ✓ **exclude patients with moderate-severe renal impairment (i.e. CrCl <50 ml/min)** – recommend discussion with Haematology in this group
 - ✓ **use with caution** in patients with abnormal LFTs – Rivaroxaban has been associated with raised
- ✓ Gastroenteritis in Children:
 - ◆ diluted apple juice added as an alternative fluid
- ✓ UTI in Females:
 - ◆ antibiotics choice updated for suspected mild Pyelonephritis
- ✓ Asthma in Adults:
 - ◆ action plan added (Asthma & Respiratory Foundation NZ)

The graph below shows the **Top 10 pathway views** over the past three months (April—June 2018)



LMC Shortage during 15 Dec 2018—15 Jan 2019

A memo from the Women's Health Unit, MidCentral DHB, has been released (dated: 13th June 2018) regarding the LMC shortage during 15th December 2018 – 15 January 2019. General Practice Teams are being asked to offer and undertake the screening that is available to women up to 14 weeks of pregnancy – this will ensure the women do not miss out on available screening tests. MidCentral's "Early Booking in Pregnancy – First Trimester" pathway provides guidance regarding confirmation of pregnancy and first trimester screening.

NB: There is funding available through section 88 for maternity first trimester non-LMC visit up until the end of 14th week of pregnancy.